

STAVROS LALAS

I. Personal data

- **Present position:** Full Professor, Dept. of Food Science and Nutrition, University of Thessaly, Greece
- **Work address:** Terma N. Temponera str., GR-43100, Karditsa, Greece
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- **Google Scholar:** <https://scholar.google.gr/citations?user=hAylkCYAAAAJ&hl=en>
- **Linkedin:** <http://gr.linkedin.com/pub/stavros-lalas/4b/6bb/179>
- **ResearchGate:** https://www.researchgate.net/profile/Stavros_Lalas/?ev=hdr_xprf
- **ORCID iD:** <https://orcid.org/0000-0002-6825-7350>
- **Research team webpage:** <https://gsi.users.uth.gr>
- **Citizenship:** Greek

II. Education

- **Doctor of Philosophy (1998).** Quality and stability characterisation of *Moringa oleifera* seed oil. University of Lincolnshire and Humberside, United Kingdom.
- **Bachelor in Food Technology (1995).** Department of Food Technology. School of Food Technology and Nutrition, Technological Educational Institute (T.E.I.) of Athens, Greece.
- **Bachelor in Agricultural Technology (1991).** Department of Agricultural Technology. School of Agricultural Technology, Technological Educational Institute (T.E.I.) of Western Macedonia, Greece.

III. Research and Work activities

- Participation in **48** international and national research programs (in **12** as Scientific Coordinator).
- **Scientific coordinator** in research agreements with Vioryl S.A. (chemical industry, Afidnes, Greece), Farmer's Agricultural Cooperative "New Union" (Karditsa, Greece) and Institut de l' Olivier (Sfax, Tunisia).
- **192** published research in peer reviewed international scientific journals.
- **2** chapters in books.
- More than **6,800** citations. The h-index is **43**.
- **65** presentations in international and Greek national conferences.
- Editorial Board in **7** international scientific journals.
- Reviewer in **152** international scientific journals.
- Member of the committee of **15** PhD Thesis (in 5 as supervisor), **32** MSc Thesis (in 25 as supervisor) and reviewer of **4** (University of Newcastle, Australia), **3** (Government College University Lahore, Pakistan) and **2** (University of Sargodha, Pakistan) PhD Thesis.
- Certificate in HACCP Principles and their Application in Food Safety from The Royal Institute of Public Health and Hygiene (United Kingdom).
- Lead Auditor (ISO 9000 Series Standards). International Registered of Certified Auditors (IRCA). TÜV Hellas (RWTÜV).
- **Head** of the Judging Committee at Supplement Awards 2025 (<https://supplementawards.bousiasevents.gr/>).

IV. Teaching activities

- **Full Professor (2/2019 – today). Department of Food Science and Nutrition. University of Thessaly.** Teaching: Food Chemistry, Food Analysis, Technology & Quality Control of Fats and Oils, Technology & Quality Control of Fruits and Vegetables.
- **Full Professor (9/2013 – 1/2019). Department of Food Technology. Technological Educational Institute (T.E.I.) of Thessaly (now University of Thessaly) (Karditsa- Greece).** Teaching: Food Technology and Chemistry, Food Analysis, Technology & Quality Control of Fats and Oils, Technology & Quality Control of Fruits and Vegetables.

- **Associate Professor (9/2009 – 8/2013). Department of Food Technology. T.E.I. of Thessaly (now University of Thessaly) (Karditsa- Greece).** Teaching: Food Technology and Chemistry, Food Analysis, Technology & Quality Control of Fats and Oils.
- **Tenure-Track Lecturer (10/2005 - 9/2009). Department of Food Technology. T.E.I. of Thessaly (now University of Thessaly) (Karditsa- Greece).** Teaching: Food Chemistry, Organic Chemistry, Food Analysis, Technology & Quality Control of Fats and Oils.
- **Tenure-Track Lecturer - (9/2003 - 9/2005). Department of Agricultural Products Marketing and Quality Control. T.E.I. of Western Macedonia (now University of Western Macedonia) (Florina- Greece).** Teaching: Food Quality Management, Food Microbiology, Preservation of Food Agricultural Products.
- **Lecturer (10/2000 - 9/2003). Department of Food Technology. T.E.I. of Athens (now University of West Attica) (Athens- Greece).** Teaching: Food Chemistry.

V. Work in Public Service

- Greek **National Food Safety Authority** (2002-2003).
- Greek **National Accreditation Council** (E.SY.D.). Member of the HACCP Committee (3/2002 - 9/2003).
- **Hellenic NARIC** (National Academic Recognition Information Center). Member of the Board (until 2014).

VI. Accreditations-Awards-Memberships

- **Included in the top 2%** of scientists (career level 1990-2023) according to a study of Stanford University (published from Elsevier: "August 2024 data-update for "Updated science-wide author databases of standardized citation indicators"). 27th position among the 43 researchers from University of Thessaly.
- **49th** position among the 877 researchers from University of Thessaly AD Scientific Index - Europe World Scientists Rankings – 2024.
- **Award for the contribution**, as Professor of the Department of Food and Nutrition Science of the University of Thessaly, in the research of food supplements at the Supplement Awards 2022.
- Certificate in HACCP principles and their application in food safety. (2001). The Royal Institute of Public Health and Hygiene, United Kingdom.
- Lead Auditor (ISO 9000:2000 Series Standards) (2003). International Registered of Certified Auditors (IRCA). TÜV Hellas (RWTÜV).
- HACCP Auditor. TÜV Hellas (RWTÜV).
- Referee of The Institute of Food Science & Technology (IFST), London, United Kingdom.
- Member of the Greek Lipid Forum (<http://www.greeklipidforum.gr/Default.aspx?tabid=55>).
- Member of the International Observatory of Oxidative Stress.
- Member of the Hellenic Association of Food Technologists (PETET).
- Award for my contribution, as Professor of the Department of Food and Nutrition Science of the University of Thessaly, in the research of food supplements at the Supplement Awards 2022 (<https://www.supplementawards.gr/>) (2022).
- The publication Chatzilazarou et al. (*J. Food Lip.*, 2006, 13, 27-35) was selected as **2006 best food science and nutrition research on Food Lipids**.
- Two published methods (Tsaknis et al., *Analyst*, 1998, 123, 325-327 and Tsaknis et al., *Analyst*, 1999, 124, 842-845) were **included in Biomedicine** encyclopaedia (ISSN 0261 - 4707, Sheffield Academic Press).
- Member of the **American Chemical Society** (www.acs.org).
- Referee of **The Institute of Food Science & Technology (IFST)**, London, United Kingdom.
- Member of the **Greek Lipid Forum**.
- Member of the **International Observatory of Oxidative Stress**.